

Practicing Resilience -Preparing for Recovery

SUMMER of SCHOOL

Šibenik, Croatia 30. 6. – 9. 7. 2023.

Introduction

The program of the summer school Practicing Resilience – Preparing for Recovery will take place in Šibenik, Croatia, at the Catholic Primary School for ten days from June 30 until July 9, 2023. The summer school is intended for 40 students from different Catholic universities interested in learning more about resilience and post-war recovery and acquiring new experiences of people and institutions affected by war and destruction.

This year's summer school will be held in partnership between the Catholic University of Croatia, the Nanovic Institute for European Studies, University of Notre Dame from the United States, the Ukrainian Catholic University from Ukraine, and the Catholic Universities Partnership. Professors and renowned lecturers from numerous Catholic universities will be gathered together to provide students with a unique learning experience. The program emphasizes education with 18 hours of lectures. 7 hours of workshops, 6.5 hours of the capstone project, more than 30 hours of reading materials, and more than 13 hours of cultural activities that will approach resilience and post-war recovery from a specific perspective. Teaching topics will be covered through interactive teaching methods using different media for students to be actively involved in the teaching process. Due to its holistic approach, the program also consists of spiritual, social, cultural, and sports activities. Reading materials will be sent by the organizer before the beginning of summer school. The working language of the summer school is English. At the end of the program, 3 ECTSa credits will be awarded to all participants who will attend classes and actively participate in other activities.



The participants of the summer school should actively participate in daily prayer and are encouraged to participate in the Holy Mass in English every morning, as well as in Divine Liturgy in Ukrainian, which will be celebrated twice during the program. All participants will have the opportunity to enjoy time at the seashore and to get to know each other. The rich cultural heritage of the city of Šibenik enables various cultural activities as part of the program: from visits to the local islands to the city fortresses, to a visit to the sights and churches. Sports activities will be organized in the sports ground where volleyball, soccer, basketball, badminton, and other sports can be played. 30 ^z Fri

| 12:00 - 17:30 | Arrivals and registration |
|---------------|--|
| 17:30 - 18:30 | Dinner |
| 18:30 - 21:00 | Opening ceremony of the Summer School |
| 21:00 - 22:00 | Interactive games getting to know each other |
| | |

Sun 02

| 07:30 - 08:30 | Breakfast |
|---------------|--------------------------|
| 08:30 - 11:00 | Free time |
| 11:00 - 12:00 | Holy Mass/Divine Liturgy |
| 12:00 - 13:00 | Lunch |
| 13:00 - 15:30 | City sightseeing |

| 15:30 - 19:30 | Free time |
|---------------|----------------|
| 19:30 - 20:30 | Dinner |
| 20:30 - 21:00 | Evening prayer |
| 21:00 - 22:00 | Free time |

| | | | 13:00 - 15:30 City sig |
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| 01 | 13 Sat | | N ST Street |
| 07:30 - 08:00 | Optional: Holy Mass | AV | ETA OF |
| 08:00 - 09:00 | Breakfast | | The Lassis INCAL STATION |
| 09:0 - 13:00 | Local trip to "Faust Vrančić" Memorial Center on island of Prvić | E P | AVIENDE SEL ON TRUE ACAMPOCIVITATES DE TENTO ALEMINETRANIE ASS CATE PICE CONSCRAVITORS DES VIET CASE CAT MALLS |
| 13:00 - 14:00 | Lunch | A CAR AND A | |
| 14:00 - 19:30 | Local trip to "Faust Vrančić" Memorial Center on island of Prvić | | |
| 19:30 - 20:30 | Dinner | | |
| 20:30 - 21:00 | Evening prayer | | |
| 21:00 - 22:00 | Free time | | |
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Schedule

07:30 - 08:00 Optional: Holy Mass

- 08:00 09:00 Breakfast
- 09:00 09:10 Morning reflection
- 09:10 09:30 Introduction to the Program and Topic

03 Mon

- **10:00 11:00** Lecture 1: Clemens Sedmak Resilience and Inner Resources
- **11:30 12:30** Lecture 2: Lana Batinić Risk and protective factors in youth development
- 13:00 14:00 Lunch
- 14:00 15:30 Workshop 1
- 15:30 19:00 Free time
- **19:00 20:00** Dinner
- 20:00 20:30 Capstone project
- **20:30 21:00** Evening prayer
- 21:00 22:00 Evening gathering

| 07:30 - 08:00 | Optional: Holy Mass |
|---------------|--|
| 08:00 - 09:00 | Breakfast |
| 09:00 - 09:10 | Morning reflection |
| 09:10 - 11:00 | Lecture 3: Marian Kuna - Resilience and Recovery – A Virtue Ethics Perspective |
| 10:00 - 10:30 | Lecture 4: Francesca Giordano - Applying a Resilience Framework in MHPSS work: what, why and how? |
| 10:30 - 12:00 | Workshop 2 |
| 13:00 - 14:00 | Lunch |
| 14:00 - 15:30 | Lecture 5: Lana Batinić - Resilience in the context of (war) crisis and posttraumatic growth |
| 15:30 - 19:00 | Free time |
| 19:00 - 20:00 | Dinner |
| 20:00 - 20:30 | Capstone project |
| 20:30 - 21:00 | Evening prayer |
| 21:00 - 22:00 | Evening gathering |

05 - Wed 07:30 - 08:00 Optional: Holy Mass 08:00 - 09:00 Breakfast 09:00 - 09:10 Morning reflection 09:10 - 11:00 Lecture 6: Jasna Ćurković Nimac - Identity shift - how to cope with traumatic memories in order to rebuild our identity? 10:00 - 12:00 Lecture 7: Oleh Kindiy - Spiritual Leadership in the Times of War. A Ukrainian Perspective 12:00 - 13:00 Workshop 3 13:00 - 14:00 Lunch 14:00 - 15:30 Lecture 8: Clemens Sedmak - Resilient Communities, **Resilient Institutions** 15:30 - 19:00 Free time 19:00 - 20:00 Dinner 20:00 - 20:30 Capstone project 20:30 - 21:30 Eucharistic Adoration

21:30 - 22:00 Evening gathering

Thu 06

| 07:30 - 08:00 | Optional: Holy Mass | |
|---------------|--|--|
| 08:00 - 09:00 | Breakfast | |
| 09:00 - 09:10 | Morning reflection | |
| 09:10 - 11:00 | Lecture 9: Marian Kuna - Resilience and Recovery – Human Vulnerability, Dependence, and Virtues | |
| 10:00 - 10:30 | Lecture 10: Francesca Giordano - Using trauma -informed lens to post-disaster recovery | |
| 10:30 - 12:00 | Workshop 4 | |
| 13:00 - 14:00 | Lunch | |
| 14:00 - 15:30 | Lecture 11: Clemens Sedmak - Lessons from Case Studies | |
| 15:30 - 19:00 | Free time | |
| 19:00 - 20:00 | Dinner | |
| 20:00 - 20:30 | Capstone project | |
| 20:30 - 21:00 | Evening prayer | |
| 21:00 - 22:00 | Evening gathering | |
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Schedule

07 - Fri

- 07:30 08:00 Optional: Holy Mass
- 08:00 09:00 Breakfast
- 09:00 09:10 Morning reflection
- **09:10 11:00** Lecture 12: Jasna Ćurković Nimac Screen trauma: healing online harm through a trauma-informed approach
- **10:00 10:30** Lecture 13: Oleh Kindiy Daily Spiritual Exercised for Improving One's Resilience from Pope Benedict XVI
- 10:30 12:00 Capstone project
- 13:00 14:00 Lunch
- **14:00 15:30** Lecture 14: Francesca Giordano Building resilience on children, families and communities in contexts of conflicts and instability: the PEARLS principles
- 15:30 19:00 Capstone project presentation
- 19:00 20:00 Dinner
- **20:00 22:00** Closing ceremony

Sat 08

- 07:30 08:00 Optional: Holy Mass
- **08:00 09:00** Breakfast
- 09:00 13:00 Coffee with Chaplain
- 13:00 14:00 Lunch
- **14:00 19:30** Visit to St. Nicholas Fortress and Interpretation Center of the Cathedral of St. Jakov's "Civitas sacra"
- 19:30 20:30 Dinner
- 20:30 21:00 Evening prayer
- 21:00 22:00 Evening gathering

09 ² Sun

07:30 - 08:30 Breakfast
08:30 - 10:00 Free time
10:00 - 12:00 Holy Mass/Divine Liturgy
12:00 - 13:00 Lunch
10:00 - 22:00 Departures

During the period of Free time or Evening gathering, the following activities can be held: Movie night, Board games, Interactive games, Evening discussion with the panelist, Trip to the beach



Oleh Kindiy

Associate Professor, Ukrainian Catholic University

Fr. Oleh Kindiy from the Faculty of Theology of the Ukrainian Catholic University in Lviv holds a PhD in historical theology from the Catholic University of America and has served as assistant chair of theology. Proficient in Ukrainian, Russian, Polish, and English, Professor Kindiy's publications include manuscripts on the Christology of Clement of Alexandria and the Didache. Ordained to the presbyterate in the Ukrainian Greek Catholic Church, a sui juris Eastern Church in full communion with the Church of Rome, Oleh is married to Ivanka and has three children. His Fulbright-awarded proposal is "The Foundation Making of an Environmental Anthropology: Human Dignity and Environmental Awareness in Late Antiquity and the Early Byzantine Empire."

Clemens Sedmak

Professor, University of Notre Dame

A native of Austria, Clemens Sedmak (born in 1971) is a philosopher and theologian and currently serves as Professor of Social Ethics and Director, at Nanovic Institute for European Studies, Keough School of Global Affairs, University of Notre Dame. He also directs the Center for Ethics and Poverty Research at the University of Salzburg, Austria. Sedmak works at the intersection of ethics and epistemology and holds doctoral degrees in philosophy, theology, and social theory. His main areas of research: Ethics of institutions, Catholic Social Tradition, development ethics, and foundations of theology.

Lana Batinić

Postdoctoral Fellow, Catholic University of Croatia

Lana Batinić is a Postdoctoral Fellow at the Department of Psychology at the Catholic University of Croatia. She earned her PhD in psychology in 2019 at the University of Zagreb. Lana works at the Catholic University of Croatia and she has collaborated on several projects regarding family dynamics and quality of life. Most recently she as participated in the CUC's project on Croatian war veterans' health and family well-being. Lana was involved in different classes in the field of developmental and social psychology and her current field of interest and teaching is social psychology, especially close relationships.

Jasna Ćurković Nimac

Professor, Catholic University of Croatia

Jasna Ćurković Nimac is a Professor at the Catholic University of Croatia. She obtained a degree in Catholic Theology from the University of Zagreb (2002) and a PhD in Moral Theology from the Alfonsian Academy in Rome (2008). She is a member of Societas Ethica, the European Society for the Study of Ethics, and Catholic Theological Ethics in the World Church (CTEWC). She is also a member of the editorial board of Nova prisutnost -Journal of Intellectual and Spiritual Issues. She teaches ethics and philosophy at the Department of Communication Sciences and the Department of Sociology. Her research interests are in moral philosophy and theology, philosophy and ethics of communication and media, ethics of memory, intercultural communication, ethics of art, and ethics and empathy.



Francesca Giordano

Assistant Professor, Università Cattolica del Sacro Cuore, Milan

Francesca Giordano (PhD) is a child psychologist and psychotherapist. She is an adjunct professor in "Developmental Psychology" at the Faculty of Psychology of the Università Cattolica del Sacro Cuore (UCSC) of Brescia, and in "Adolescent Psychology" at the Faculty of Educational Sciences at the UCSC of Piacenza. She is a member of the Resilience Research Unit, within the department of Psychology of the UCSC in Milan. Over the last 16 years, Francesca has carried out research, capacity building, and interventions aimed at defining, promoting, and sustaining resilience processes among children, families, and communities in emergency contexts.

Marian Kuna

Associate Professor, Catholic University in Ružomberok

Marian Kuna obtained his Mgr. in history and philosophy and PhD in philosophy from the Comenius University in Bratislava (Slovakia), M.A. in political philosophy from the University of York (UK), MPhil. in philosophy from the Central European University in Budapest (Hungary) as well as Mgr. in law from Matej Bel University in Banská Bystrica (Slovakia). He is an Associate Professor of Philosophy at the Catholic University in Ružomberok Faculty of Arts and Letters where he teaches primarily moral and legal philosophy. His major research interests include contemporary Aristotelian virtue ethics (Alasdair Mac-Intyre), and the relationship between ethics and politics.



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